

Brillhart OB/GYN

Community Physicians of Indiana

8040 Clearvista Pkwy, Suite 520
Indianapolis, IN 46256
317-621-2400
317-621-5266 (fax)

James Brillhart, MD

For ISC out-patient surgeries:

1. Nothing to eat or drink after midnight the night before the surgery.
2. Remove all make-up, jewelry, nail polish and contact lenses.
3. No aspirin products (Nuprin, Advil, Motrin, etc.) should be taken for two (2) weeks prior to surgery and until you have recovered. Please let your physician know if you do take aspirin products regularly and also any medications taken on a regular basis. It is also important to let your doctor know if you are allergic to any medications.
4. No blood thinning type medications should be taken ten (10) days prior to surgery. If you are taking any herbal supplements or dietary medications, please STOP taking them at least one week prior to surgery.
5. Please contact our office as soon as possible if you wish to cancel your surgery.
6. Our office will notify your insurance company of the upcoming surgery, obtain pre-certification and assist with a second opinion if necessary.
7. Please have someone drive you home if you are having out-patient surgery.
8. Please have someone in the waiting room for your doctor or other medical professional to speak with at all times, including during and after surgery.

If any questions please feel free to call our office @ 317-621-2400.